

Put on the Armor of God



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Look at the pictures on the front of this page. If you had to defend yourself in a battle, which of these three things do you think would be most important? Why?

Ephesians 6:17-18 is part of a larger passage we are memorizing. (Go back and add it to Ephesians 6:10-16.) This passage describes the armor we must put on, as Christians, as we stand against the devil and his allies. Which pieces of armor are highlighted in this verse? Why are they necessary?

- ***Helmet of Salvation...*** Just as Roman soldiers relied on bronze helmets for protection, Christians are trusting in Jesus to save and protect them from sin and the devil. Jesus is our salvation!
- ***Sword of the Spirit...*** When Jesus was tempted in the wilderness (Matt. 4:1-11) he used Scripture to defeat the lies of the devil. Similarly, we can use biblical truth when people or even our own thoughts attack us. “You’re no good. How can God love you?” The Bible says God made me in his image (Gen. 1:27). It says God loved me so much that he sent his own Son, Jesus, to die for me (John 3:16).
- ***Praying...*** Now that you’ve put on God’s armor what should you do? Pray! You should be praying all the time, about everything; humbly pleading for God’s help (that’s what supplication means).

How can you grow in putting on the armor of God every day? Ask you parents to help you and pray for you.